

Who is a Cocaine Addict?

Some of us can answer without hesitation, "I am." Others aren't so sure. Cocaine Anonymous believes that no one can decide for another whether he or she is addicted. One thing is sure, though: every single one of us has denied being an addict. For months, for years, we who now freely admit that we are cocaine addicts thought that we could control cocaine when in fact it was controlling us.

"I only use on weekends," or

"It hardly ever interferes with work," or

- "I can quit, it's only psychologically addicting, right?" or
 - "I only snort, I don't base or shoot," or
 - "It's this marriage that's messing me up."

Many of us are still perplexed to realize how long we went on, never getting the same high we got at the beginning, yet still insisting, and believing - so distorted was our reality - that we were getting from cocaine what actually always eluded us.

We went to any lengths to get away from being just ourselves.

The lines got fatter; the grams went faster - the week's stash was all used up today. We found ourselves scraping envelopes and baggies with razor blades, scratching the last flakes from the corners of brown bottles, snorting or smoking any white speck from the floor when we ran out. We who prided ourselves on our fine-tuned state of mind! Nothing mattered more to us than the straw, the pipe, the needle. Even if it made us feel miserable we had to have it.

Some of us mixed cocaine with alcohol or pills, and found temporary relief in the change, but in the end it only compounded our problems. We tried quitting by ourselves, finally, and managed to do so for periods of time. After a month we imagined we were in control. We thought our system was cleaned out and we could get the old high again using half as much. This time, we'd be careful not to go overboard. But we only found ourselves back where we were before, and worse.

We never left the house without using first. We didn't make love without using. We didn't talk on the phone without coke. We couldn't fall asleep, sometimes it seemed we couldn't even breathe without cocaine. We tried changing jobs, apartments, cities, lovers-believing that our lives were being screwed up by circumstances, places, people. Perhaps we saw a cocaine friend die of respiratory arrest, and still we went on using! But eventually we had to face facts. We had to admit that cocaine was a serious problem in our lives, that we were addicts.

British Columbia Area of Cocaine Anonymous Proudly Presents...

The Great Canadian Convention

2019



Sept 13th, 14th, & 15th

Executive Plaza Hotel
405 North Road
Coquitlam, BC

Friday Sept. 13th

4:00pm – 10:00pm

Registration Opens

6:30-6:45pm

Opening Ceremonies

Break

7:00-8:00pm

Alastair P. (Halifax, NS)

Break

8:00-11:45pm

Appetizers

Sketcher's Olympics

Saturday Sept. 14

9:00am-8:00pm

Registration Opens

9:00am-10:00am

Men's/Women's Meeting

10:00-11:00am

Step Two Workshop - Kim C

Break for Lunch



CA is not responsible for any theft, injury, damage, or loss in conjunction with this event.

Saturday Sept. 14th Cont'd

1:00-2:00pm

Young Bloods - H&I Panel

2:30-3:30pm

Spiritual Discipline - Alastair

4:45PM – Dinner Seating

5:00-6:30pm

Buffet Dinner

6:30-7:15pm

Auction

Break 15min

7:30-8:00pm

Countdown

Break

8:15-9:15pm

Kim C – Toronto, Ont.

Break

9:30pm-12:00pm

Appetizers

Rock n Roll Bingo

Sunday Sept. 15th

9:00-10:30am

Buffet Breakfast

Break

10:00am-11:00am

Kellie F – Surrey BC

12:00-12:30pm

Closing Ceremonies

**In the Spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization, or institution.*